



	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Reception	<p><b>Dance</b> (for whole school competition)</p> <p><b>Multi-Skills</b> Developing core skills.</p>	<p><b>Multi-Skills</b> Developing core skills.</p> <p><b>Gymnastics</b> Core Skills</p>	<p><b>Multi-Skills</b> Developing core skills.</p> <p><b>Indoor Games</b> Soft Ball Football Skills</p>	<p><b>Multi-Skills</b> Developing core skills.</p> <p><b>Indoor Games</b> Soft Ball Dodgeball</p>	<p><b>Multi-Skills</b> Developing core skills.</p> <p><b>Outdoor Games</b> Mini Golf</p>	<p><b>Athletics Skills</b> Basic throwing, catching and running</p> <p><b>Outdoor Games</b> Soft Ball Tennis Skills</p>
Y1	<p><b>Dance</b> (for whole school competition)</p> <p><b>Multi-Skills</b> Developing core skills.</p>	<p><b>Staindrop Academy Coach</b> Multi Skills Fri 2:10 – 3:00pm</p> <p><b>Dance</b> Durham Core Tasks</p>	<p><b>Multi-Skills</b> Developing core skills.</p> <p><b>Competitive Games</b> Benchball</p>	<p><b>Multi-Skills</b> Developing core skills.</p> <p><b>Indoor Games</b> Soft Ball Tennis</p>	<p><b>Multi-Skills</b> Developing core skills.</p> <p><b>OAA</b> Orienteering</p>	<p><b>Athletics Skills</b> Basic throwing, catching and running</p> <p><b>Outdoor Games</b> Football Skills</p>
Y2	<p><b>M Gymnastics Coach</b> Fundamental Movement</p> <p><b>Dance</b> (for whole school competition)</p>	<p><b>M Gymnastics Coach</b> Fundamental Movement</p> <p><b>Competitive Games</b> Benchball / Dodgeball</p>	<p><b>M Gymnastics Coach</b> Fundamental Movement</p> <p><b>Dance</b> Durham Core Tasks</p>	<p><b>Staindrop Academy Coach</b> Football Fri 2:10 – 3:00pm</p> <p><b>M Gymnastics Coach</b> Fundamental Movement</p>	<p><b>M Gymnastics Coach</b> Fundamental Movement</p> <p><b>Outdoor Competitive Games</b> Mini Golf</p>	<p><b>M Gymnastics Coach</b> Fundamental Movement</p> <p><b>Athletics Skills</b> Basic throwing, catching and running</p>
Y3	<p><b>LM Coach</b> <b>Dance</b> (for whole school competition)</p> <p><b>LM Coach</b> Gymnastics</p>	<p><b>LM Coach</b> <b>Competitive Games</b> Football</p> <p><b>LM Coach</b> <b>Competitive Games</b> Tennis</p>	<p><b>LM Coach</b> <b>Competitive Games</b> Benchball / Dodgeball</p> <p><b>LM Coach</b> <b>Fitness and Self -Improvement</b> Fitness Circuits</p>	<p><b>LM Coach</b> <b>OAA</b> Orienteering</p> <p><b>LM Coach</b> <b>Competitive Games</b> Cricket</p>	<p><b>Staindrop Academy Coach</b> Cricket Fri 2:10 – 3:00pm</p> <p><b>Dance</b> Durham Core Tasks</p>	<p><b>Athletics</b> Throwing, catching and running</p> <p><b>Gymnastics</b> Developing skills into performances</p>
Y4	<p><b>Dance</b> (for whole school competition)</p> <p><b>Staindrop Academy Coach</b> Tag Rugby</p>	<p><b>Gymnastics</b> TOPS Skills</p> <p><b>Competitive Games</b> Netball</p>	<p><b>Fitness and Self -Improvement</b> Dance Fitness and Circuits</p> <p><b>Competitive Games</b> Benchball / Dodgeball</p>	<p><b>Gymnastics</b> Developing skills into performances</p> <p><b>Competitive Games</b> Badminton</p>	<p><b>LM Coach</b> <b>Competitive Games</b> Cricket</p> <p><b>LM Coach</b> <b>OAA</b> Orienteering</p>	<p><b>LM Coach</b> <b>Athletics</b> Throwing, catching and running</p> <p><b>LM Coach</b> <b>Competitive Games</b> Rounders</p>
Y5	<p><b>Swimming Lessons 1hour</b></p> <p><b>Dance</b> (for whole school competition)</p>	<p><b>Swimming Lessons 1hour</b></p> <p><b>Fitness and Self -Improvement</b> Dance Fitness and Circuits</p>	<p><b>Swimming Lessons 1hour</b></p> <p><b>Staindrop Academy Coach</b> Hi5 Netball Fri 2:10 – 3:00pm</p>	<p><b>Swimming Lessons 1hour</b></p> <p><b>Gymnastics</b> TOPS Skills + Performances</p>	<p><b>Swimming Lessons 1hour</b></p> <p><b>Competitive Games</b> Cricket</p>	<p><b>Swimming Lessons 1hour</b></p> <p><b>Athletics</b> Throwing, catching and running</p>
Y6	<p><b>Dance</b> (for whole school competition)</p> <p><b>Competitive Games</b> Hockey Skills</p>	<p><b>Gymnastics</b> TOPS Skills + Performances</p> <p><b>Competitive Games</b> Netball Skills</p>	<p><b>Fitness and Self -Improvement</b> Box-Fit / Circuits</p> <p><b>Competitive Games</b> Fencing / Curling</p>	<p><b>Cycling</b> + Bike Ability Sessions</p> <p><b>Competitive Games</b> Badminton</p>	<p><b>OAA</b> Orienteering</p> <p><b>Adventurous Activities</b> HUB / Outdoor Ed Centre Visit</p>	<p><b>Staindrop Academy Coach</b> Athletics Fri 2:10 – 3:00pm</p> <p><b>Competitive Games</b> Cricket</p>